

LA PORTRAIT STUDIO

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TIMELESS PORTRAITS • CREATING MEMORIES

The 5 Biggest Mistakes Families Make Before a Photo Session (And How to Avoid Them)

Why Your Family Photo Experience Matters More Than You Think

Family photos are not just about capturing what everyone looks like right now. They are about preserving connection, emotion, and the feeling of this season of life before it changes.

Too often, families walk into a session stressed, unprepared, or focused on the wrong things. The result is photos that feel forced instead of meaningful.

The truth is, a relaxed and thoughtful experience creates images that feel like you.

If you have ever worried about how your kids will behave, how everyone will come together, or whether it will all feel worth it, you are not alone. The good news is that a few simple shifts can completely transform your experience.



Mistake #1:

Waiting Until Life “Slows Down”

One of the most common things I hear is how hard it is to get everyone together. Schedules are busy, kids have activities, and life feels full.

So families wait.

And wait.

But life does not actually slow down. It changes.

The season you are in right now will pass, and these are the moments your future self will wish you had captured.

What to do instead:

Choose a date and commit to it. We will work through the details together. The most important step is simply deciding that this matters now.



Mistake #2:

Focusing on Perfection Instead of Connection

Many families feel pressure for everything to go perfectly. Perfect outfits, perfect smiles, perfectly behaved children.

That pressure creates stress, and stress shows up in your photos.

The most meaningful images come from genuine connection, not perfection.

What to do instead:

Let go of the idea that everyone needs to sit still and smile. Movement, laughter, and even a little chaos often create the most beautiful moments.



Mistake #3:

Not Preparing Kids in a Healthy Way

It is tempting to rely on sugary snacks or screens to manage behavior during a session. While it might seem helpful in the moment, it often leads to energy crashes or disengagement.

What to do instead:

- Keep snacks simple and balanced
- Avoid introducing phones during the session
- Set the expectation that this is a relaxed and fun experience

Breaks are always built into my sessions when kids need them. There is no pressure for them to perform.



Mistake #4: Choosing a Photographer Based on Price Alone

Not all photography experiences are the same.

A quick session that focuses only on taking pictures often misses what really matters. Your experience, your comfort, and the final artwork all play a role in how you feel about your photos years from now.

What to do instead:

Look for a photographer who guides you through the entire process and takes time to understand what you truly want.

My process is designed to make everything feel easy and intentional:

- Discovery call
- Booking
- In-home consultation
- Relaxed portrait session
- In-person viewing and ordering

This ensures your photos are not just taken, but thoughtfully created for your home.



Mistake #5: Letting Your Photos Live on Your Phone

This is one of the biggest missed opportunities.

When photos stay on your phone, they get lost in the scroll of everyday life. But when they are displayed in your home, they become part of your family's story.

For children especially, seeing themselves on the walls of their home creates a deep sense of belonging and connection.

What to do instead:

Plan from the beginning to turn your images into something tangible.

Wall art allows you to:

- Relive your favorite moments daily
- Create a warm and meaningful home environment
- Show your children they are an important part of your family story

What a Better Experience Feels Like

When you approach your session differently, everything changes.

You are not rushing or stressed. Your kids are free to be themselves. You feel taken care of from start to finish.

You walk away not just with photos, but with something deeper.

Images that remind you how it felt to be together in this season.

Images that show your children how loved they are.

Images that become part of your home and your legacy.

Call Now

Ready to Create Something Meaningful?

If you have been thinking about family photos but have been waiting for the right time, this is your sign.

The best time is now.

Let's create something you will be grateful for years from today.

Schedule your discovery call and start planning your session.